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ultimately Vajrayana is



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five years with 90  
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“So vipashyana  
experience and  
practice is absolutely  
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really wants to  
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L. (Edt) The  
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## **Individual Liberation: Exploring the ...**

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## **Path of Individual Liberation - Ethics**

Whether or not one

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chooses to continue on the Mahayana/Tibetan path of Buddhism to include teachings of the Mahayana and ultimately Vajrayana is individual preference, but this book "The Path of Individual Liberation" covers the Hinayana teachings, as in, the core teachings. Volumes two and three detail the Mahayana and Vajrayana, respectively.



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